

Outreach Update



Important Events

- Oct 3:** Rat Root Field Trip
- Oct 4:** Sister in Spirit Day
- Oct 9:** No School, Thanksgiving
- Oct 11:** Swimming 2:00
- Oct 18:** Swimming 2:00
- Oct 20:** PD Day, No Classes
- Oct 25:** Skating 2:00 GBC
- Oct 31:** Halloween Party



Options Blast!

For the first three weeks we have been blasting through some options courses. Students have been working hard on Foods Basics, Workplace Safety, Psychology, Forestry, and many others of their choosing. We also began our Character Education with Tipi Teachings and have finished about 1/3 of CALM (Career and Life Management). We are appreciative of their hard work and progress. We were especially excited to see some of our quieter students making friends and coming out of their shells. We love to see them smile!

First Quarter Begins!

Our first quarter began Sept 25 and runs until Nov 22. Eathel has grade 10 English and Becky has grade 11 Science. All students have received a pacing sheet for their course that lists all assignments and the due dates to help keep them on track. We will be working on cores in the morning in breakout groups. Please ensure your child attends regularly to make sure they can keep up with the fast pace. Students who come in person are much more successful than those who stay home and try to do it alone. We hope to see them daily and are excited to help them along and watch them grow.

Fun Times!

Students went on a field trip on a medicine walk with an Elder and picked Laboom. We tied the learning into what we were learning in CALM class and worked on our Outdoor Cooking credits making Laboom tea and bannock dogs over the fire.



For our welcome back day we made rolled ice cream in Foods and went bowling for Phys Ed. It was wonderful to see our students socializing, pulling others into their groups, and with big smiles on their faces.



We even made a special rolled ice cream for Eathel, the hot dog lover. Chopped up hot dogs with ketchup and mustard rolled inside. He was a good sport and gave it a try.



Eathel's Corner

“What do you call an alligator wearing a vest?

“An investi-gator!!!”

Staff Spotlight

Rebecca Ning (Becky)

Math Science Teacher / Vice Principal

Masters Degree in Education specializing in Distance Education

About Me:

- I studied genetics in university for 4 years and LOVE science.
- I lived in China for 5 years and can now speak Mandarin.
- I have a black belt in ITF Tae Kwon Do and was the Canadian Champion when I was 17 years old. I represented Western Canada in the Pan-American Championships.
- I have four kids and three pugs... lots of cuteness in my home.
- I love ice cream, so I started an ice cream food truck for my summer break fun.
- I love working at the PVO. The atmosphere is great and our students are awesome.



Wish List

We are going to be offering Cosmetology at PVO for the first time starting in October. We are trying to build up our supplies without breaking our budget. If you have any of the following you could donate, it would be greatly appreciated.

- Nail polish
- Polish Remover
- Hand Creams
- Facial cleansers
- Facial products
- Cotton balls / pads
- Makeup Mirrors

or other products for facials, manicures or pedicures.

Thanks!

Student Q & A

Question: What are you most looking forward to this year?

Graduating.

Bull Riding.

Making Team Alberta in the Spring so I can go to Newfoundland.

Passing my classes this time.

Money, just money.

Getting my driver's licence.

Hockey.

Becoming an electrician.

Cosmo Class at PVO.

Getting lots of credits.

Eathel's Jokes.

Can you
guess which
one of these
was not said
by a student?

Student Quote of the Month

Me: How will you make sure you get more done this year than last?

Student: I give you full permission to kick me in the butt if I'm not working.

Me: Can't do that... I'd get fired.

Student: But it would be worth it if I graduate!

Becky's Corner

Missing one day of school per week means by graduation you will have missed over 2.5 years of schooling. Attendance matters! 99

Puzzle Time!

	6			5	8
1	2	3	8		4
		2		1	9
			6	3	4
	6	3	4	5	8
5	4	9	2		
	8	7		4	
2			9	8	4
4	9			3	

Say the Color of each Word!

(Don't read the word)

How Fast can you say it?

black white yellow green red blue
 yellow red black green white red
 white green red black yellow green
 black white yellow green red blue
 white green red black yellow green
 yellow red black green white red
 white green red black yellow green

PVO Options Courses

P	H	Y	S	E	D	A	F	I	R	S	T	A	I	D	K	P	K
W	Q	K	K	H	G	X	G	Q	A	R	T	D	U	A	O	S	E
Q	G	N	N	W	E	X	P	R	Q	W	A	C	O	G	Q	Y	Y
T	I	P	I	T	E	A	C	H	I	N	G	S	A	Y	P	C	B
S	C	S	H	R	T	D	L	C	G	C	G	R	K	L	S	H	O
F	O	O	D	S	N	S	M	T	O	B	U	C	C	P	M	O	A
F	O	R	E	S	T	R	Y	F	H	F	N	L	Y	L	K	L	R
F	O	R	E	N	S	I	C	S	S	C	Z	F	T	S	W	O	D
H	K	H	D	K	A	S	X	J	P	F	A	X	A	U	Q	G	I
I	H	T	U	S	M	U	D	G	I	N	G	R	V	V	R	Y	N
C	O	S	M	E	T	O	L	O	G	Y	R	K	E	Y	F	E	G
Z	R	N	E	X	E	L	G	W	S	V	I	Z	L	N	J	U	Y

Find the following words in the puzzle.
 Words are hidden → ↓ and ↘ .

AGRICULTURE
 ART
 CALM
 COSMETOLOGY
 FIRST AID

FOODS
 FORENSICS
 FORESTRY
 HEALTH CARE
 KEYBOARDING

PHYS ED
 PSYCHOLOGY
 SMUDGING
 TIPI TEACHINGS